

# trancesolutions

## about trancesolutions

### Antoine Matarasso

New Farm Hypnotherapy Clinic and Trancesolutions were established in 1998 by Antoine Matarasso. He lived and worked in Europe and the Middle East before settling in Australia where he has practiced since 1981. In 1989 he moved to Brisbane working primarily in the Fortitude Valley and New Farm areas. His work here has involved establishing welfare assistance schemes, emergency housing for homeless men and hospital and prison visitation. Antoine has actively engaged with people, both individually and in groups, helping them develop strategies to deal with the challenges of life.

Leadership training, teaching, lecturing and public speaking has taken Antoine throughout Australia, Asia, Europe, Africa and the USA. He is a gifted communicator who speaks fluent French and has qualifications in theology, counselling and clinical hypnotherapy. He is Vice-President of the Australian Hypnotherapists' Association and National Secretary of the Ericksonian Hypnosis Association of Australia Inc. and serves on the Queensland management committee of both organisations. Antoine also runs seminars for the Queensland Cancer Fund helping patients deal with the stress of life-threatening illness.

New Farm Hypnotherapy Clinic is committed to providing professional hypnotherapy, psychotherapy and counselling services in both the greater and inner city areas of Brisbane. Trancesolutions was established so that those more distant could benefit from using the audio and written programs available from our website.

### Glen Duffy

Glen Duffy has more than 25 years experience in the field of mental health. He has a wide range of skills having worked in both hospitals and in the community. Glen spent several years involved in drug / alcohol clinics. Since specializing in the use of hypnosis, Glen has helped many people make meaningful changes to their lives addressing such issues as stress, weight loss, phobias, post traumatic stress, pain control, addictive behaviours, sleep disorders and athletic and academic performance enhancement.

Glen is a registered nurse with qualifications in general nursing, psychiatric nursing and clinical hypnotherapy. He is a member of both the Australian Hypnotherapists' Association and the Ericksonian Hypnosis Association of Australia.

### Association Memberships



Contact:  
New Farm Hypnotherapy  
PO Box 1944  
New Farm QLD 4005 07 3254 1373  
antoine@trancesolutions.com  
glen@trancesolutions.com

Trancesolutions Professional Hypnosis CDs  
[www.trancesolutions.com](http://www.trancesolutions.com) [info@trancesolutions.com](mailto:info@trancesolutions.com)

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(PO Box 1944) New Farm Q. 4005 +61 7 3254 1373